

# MY TRADING PLAN

***Why am I trading:***

***What is my Approach:***

***What are my goals? Weekly / Monthly / Quarterly /Annually / 10 YR + ?***

***What are my Objectives:***

***What Markets will I trade:***

***What timeframes will I trade:***

***What Setups will I trade:***

***Entry/exit rules:***

***Stops - How will I define my risk?***

***Pre-Market routine***

***Post-Market routine***

***How will I find new symbols/markets to trade?***

***What tools will I use for my trading business?***

***What is my process for reviewing and documenting trades?***

### ***Continuing Education***

### ***Discipline & Mindset Notes***

### ***Trading Commandments***

### ***Trading Quotes***